



FOSTER PARENT COLLEGE



www.fosterparentcollege.com

In accordance with the requirements for post license trainings below are the identified Foster Parent College courses that fit the guidelines for Trauma Informed and Crisis Intervention

TRAUMA INFORMED

Parenting a Child Who Was Substance Exposed

Explores how parents can care for children who were prenatally exposed to substances or drug endangered.

Caring for Children Who Have Been Sexually

Abused Explores the emotional & behavioral effects of child sexual abuse on children in care & offers strategies to help overcome the challenges foster parents face.

Child Abuse & Neglect A pre-service course designed for individuals interested in caregiving which focuses on child maltreatment. Learn about the characteristics, symptoms and reporting standards for child maltreatment. **Caution: contains graphic images.**

Grief & Loss in the Care System Discusses grief and loss as it impacts foster children, birth parents and foster caregivers.

Understanding Behavior in Foster Children

Explores problematic behavior in foster children and how foster parents can better understand the purpose of a child's behavior through careful observation.

Understanding Sex Trafficking *

Explores commercial sexual exploitation of children, what it is and how parents can recognize signs that a child is being sexually exploited.

Children Entering Care: Mental Health Issues*

Explores common mental health issues for children entering care, how disorders are diagnosed & treated and how parents can work with professionals to support their children's mental health needs.

Children Entering Care: Physical Health Issues *

Explores common physical health issues for children entering care & how parents can collaborate with health care & community providers to support medical needs.

CRISIS INTERVENTION

Anger Outbursts Course covers temper tantrums, assaultive behavior towards other children, rage towards the mother, and erratic or unpredictable anger.

Anger Pie Dr. Rick Delaney discusses how an understanding of the ABCs of behavior can help parents ward off angry outbursts.

Advanced Parenting Workshop on Self-Harm

Explores non-suicidal, self-injury & other forms of self-injurious behavior. With the help of Dr. Delaney and his teaching assistant, participants develop an action plan to decrease or stop the self-injury.

Advanced Parenting Workshop on Problematic

Sexual Behavior Workshop addresses problematic sexual behavior in children in care. Participants learn how to determine whether a child's sexual behavior is problematic and how to respond.

Advanced Parenting Workshop on Social & Physical Aggression *

Participants will learn to use the Social Information Processing (SIP) approach to understand aggressive behavior & support their children.

Advanced Parenting Workshop on Anger *

Participants will learn about types & components of anger, warning signs of serious anger problems, unhealthy vs. healthy anger, know when to seek help and how to develop & implement an action plan.

If you need an account set up or have any questions please contact your area CAFAF Liaison or Support Worker who will help you get set up and answers your questions.

Updated January 2020 with new FPC courses *=**NEW**