



[www.fosterparentcollege.com](http://www.fosterparentcollege.com)

In accordance with the requirements for post license trainings, we have identified which of the Foster Parent College courses fit the guidelines for Trauma Informed and Crisis Intervention.

## TRAUMA INFORMED

### ***Parenting a Child Who Was Substance Exposed*** *\*new\**

Explores how parents can care for children who were prenatally exposed to substances or drug endangered.

### ***Caring for Children Who Have Been Sexually Abused***

Explores the emotional & behavioral effects of child sexual abuse on children in care and offers strategies to help overcome the challenges foster parents face.

### ***Child Abuse & Neglect***

A pre-service course designed for individuals interested in caregiving which focuses on child maltreatment. Learn about the characteristics, symptoms and reporting standards for child maltreatment.

**Caution: contains graphic images.**

### ***Grief & Loss in the Care System***

Discusses grief and loss as it impacts foster children, birth parents and foster caregivers.

### ***Understanding Behavior in Foster Children***

Explores problematic behavior in foster children and how foster parents can better understand the purpose of a child's behavior through careful observation.

## CRISIS INTERVENTION

### ***Anger Outbursts***

This course covers temper tantrums, assaultive behavior towards other children, rage towards the mother, and erratic or unpredictable anger.

### ***Anger Pie***

Dr. Rick Delaney discusses how an understanding of the ABCs of behavior can help parents ward off angry outbursts.

### ***Advanced Parenting Workshop on Self-Harm*** *\*updated\**

This Advanced Parenting Workshop explores non-suicidal, self-injury and other forms of self-injurious behavior. With the help of Dr. Delaney and his teaching assistant, participants develop an action plan to decrease or stop the self-injury.

If you need an account set up or have any questions please contact your area CAFAF Liaison who will help you get set up and answers any questions.